RIVER STONE
Massage & Wellness Centre

Date _____

MASSAGE

Confidential Patient Case History Form

Name: _____ Gender: _____

Address: _____ City: _____ Postal Code: _____

Email: _____ Birthdate: (Day)_____ (Month)_____ (Year)_____

Occupation: _____ Home Phone: _____ Cell Phone: _____

Medical Doctor: _____ Doctor Phone #: _____

How did you hear about us? (check one below)

❒ Google ❒ Facebook ❒ Instagram ❒ Storefront Sign ❒ River Stone Therapist: _____

❒ World Weight Loss Inc. ❒ Doctor or lawyer: _____ ❒ Other: _____

I agree that River Stone Massage may notify me of new treatments and promotions via email. ❒ Yes ❒ No

Please indicate conditions you are experiencing or have experienced:

Cardiovascular
❒ High blood pressure
❒ Low blood pressure
❒ Chronic congestive heart failure
❒ Heart attack
❒ Phlebitis / varicose veins
❒ Stroke / CVA
❒ Pacemaker or similar device
❒ Heart disease
❒ Dizziness / vertigo
❒ Seizures
❒ Blood clots

Is there a family history of any of the above? ❒Yes ❒No

Head and Neck
❒ History of headaches
❒ History of migraines
❒ Vision problems
❒ Vision loss
❒ Ear problems
❒ Hearing loss

Women
❒ Pregnancy
Due Date: _____
❒ Previous Pregnancy Complications:
Describe: _____
❒ Menopausal problems:
Describe: _____
❒ Menstrual problems:
Describe: _____
❒ Gynecological conditions
Describe: _____

Respiratory
❒ Asthma
❒ Bronchitis
❒ Emphysema
❒ Chronic Cough
❒ Shortness of breath

Is there a family history of any of the above? ❒ Yes ❒ No

Muscle/Joint
❒ Neck
❒ Back (❒ lower ❒ mid ❒ upper)
❒ Shoulders
❒ Elbow
❒ Wrist / Hand
❒ Hip
❒ Knee
❒ Ankle / Foot
❒ Spine

Infectious Conditions
❒ Skin Conditions
Describe: _____
❒ Respiratory Conditions
Describe: _____
❒ Hepatitis

Skin Conditions
❒ Eczema
❒ Psoriasis
❒ Rash
❒ Warts
❒ Open Sores

Digestive
❒ Constipation
❒ Crohn's Disease
❒ Colitis
❒ Irritable Bowel Syndrome
❒ Ulcers

Other
❒ Loss of sensation
Where? _____
❒ Diabetes
Onset: _____
Type: _____
❒ Allergies / hypersensitivity
What? _____
❒ Epilepsy
❒ Cancer
Type/Location: _____
❒ Arthritis
Type/Location: _____
❒ Hemophilia
❒ Fibromyalgia
❒ Chronic fatigue
❒ Scoliosis
❒ Polio / Post Polio
❒Osteoporosis
❒Thyroid Problems

Is there a family history of any of the above? ❒ Yes ❒ No

Men
❒ Enlarged Prostate
❒ Libido Issues
❒ Other
_____

Do you have any medical conditions not listed above? ❒ Yes ❒ No

If yes, please describe: _____

Do you have any internal wires, artificial joints, pacemakers or special equipment that we should be aware of?

❒ Yes ❒ No *If yes, please describe:* _____

<u>Please circle any area causing you symptoms of pain, stiffness, numbness or other forms of discomfort:</u>

Face	Upper Back	Arm(s)	Hand(s)	Thigh(s)	Ankle(s)	Neck
Elbow	Mid Back	Finger(s)	Knee(s)	Feet	Shoulder(s)	Wrist(s)
Hip(s)	Lower Back	Leg(s)	Toe(s)	Chest	Ribs	Tailbone

For what condition or reason are you seeking treatment today? _____

Have you seen any other health care professional(s) for this condition or reason? ❒ Yes ❒ No

If yes whom? _____

Have you ever been involved in a motor vehicle accident? ❒ Yes ❒ No Date:_____

Have you been involved in any other accidents? ❒ Yes ❒ No Date:_____

Have you ever been knocked unconscious? ❒ Yes ❒ No Date:_____

Briefly explain any surgeries you have undergone, for what and when:

_____

Are you presently taking any prescribed medication(s)? ❒ Yes ❒ No

If yes, please record the medication(s) and the condition(s) for which it is being used if known.

_____

Have you previously received massage therapy treatments? ❒ Yes ❒ No

If yes, were you treated: ❒ At this clinic ❒ From an RMT ❒ Other

I acknowledge that the Massage Therapist is not a physician and does not diagnose illness or disease or any other physical or mental disorder. I understand that massage therapy is not a substitute for a medical examination. It is recommended that I attend my personal physician for any ailment that I may be experiencing. I acknowledge that no assurance or guarantee has been provided to me as to the results of the treatment. I acknowledge and understand that the Massage Therapist must be fully aware of my existing medical conditions. I have completed my medical history form as provided by my Massage Therapist and disclosed all of those medical conditions affecting me. It is my responsibility to keep the Massage Therapist updated on my medical history. When treatment involves the use of hot stones in the massage, I take the responsibility to keep the therapist advised as to whether any of the temperatures are uncomfortable, thereby releasing my therapist and River Stone Massage of any liability. I give consent for my treatment notes to be read by the other health care professionals at River Stone Massage. The information I have provided is true and complete to the best of my knowledge.

For insured clients:
I hereby consent to direct billing so that River Stone Massage and Wellness Centre may bill my health insurance company and have that company pay River Stone directly for my treatments. By signing this I also state that I will pay any outstanding fees for treatments received that are not covered by my insurance company.

Cancellation Policy:
We require 24 hours' notice if you need to cancel or change your appointment so that we may accommodate another client in need of therapeutic services. If you cancel with less than 24 hours' notice or forgo your appointment, a $50.00 fee will be charged to your account and/or credit card. We hold encrypted credit card information on our secure server.

_____ _____ _____

Client Signature Date Therapist Signature